

STUDENT VEGGIE GRUB

Parboil

This is the partial boiling of something. The cooking will then normally be completed by another method. This applies, for example, to roast potatoes.

Peel

To remove the skin or the outer layer of a vegetable or fruit.

Rub in

To rub flour and fat together between your fingertips until it resembles breadcrumbs.

Simmer

To cook just below boiling point, so that only an occasional bubble appears on the surface.

Order a Takeaway

To telephone for a pizza when your cooking goes disastrously wrong.