

A detailed vintage illustration in a blue-green monochrome palette. It depicts a tea ceremony in progress. In the center, a teapot pours water into a floral-patterned teacup on a saucer. To the left, a hand holds a silver tray with a teacup. To the right, a hand is shown near a teapot. In the foreground, a decorative sugar bowl sits on a patterned tablecloth. The background features a large, ornate floral arrangement.

TEA

A DRINK WITH
JAM AND BREAD

VICKY EDWARDS

Tea, a drink with jam and bread

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The title of this book is inspired by a lyric from “Do-Re-Mi,” written by Richard Rodgers and Oscar Hammerstein II for THE SOUND OF MUSIC.

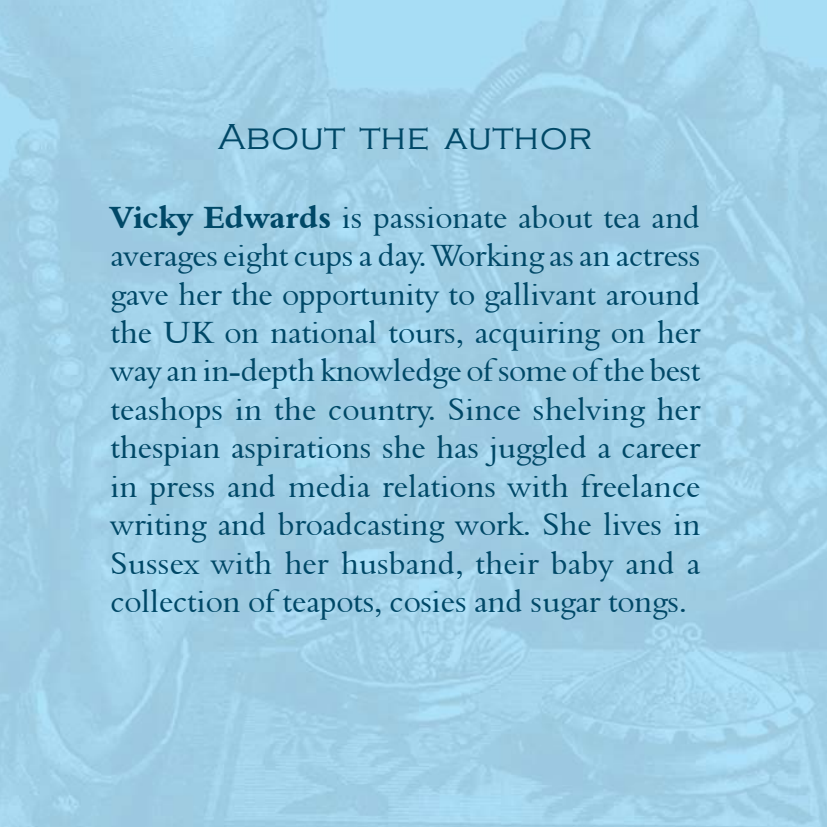
“Do-Re-Mi” by Richard Rodgers and Oscar Hammerstein II
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For Katie

With grateful thanks and much love for
tea-leaf reading, advice, laughter,
inspiration and wisdom.



ABOUT THE AUTHOR

Vicky Edwards is passionate about tea and averages eight cups a day. Working as an actress gave her the opportunity to gallivant around the UK on national tours, acquiring on her way an in-depth knowledge of some of the best teashops in the country. Since shelving her thespian aspirations she has juggled a career in press and media relations with freelance writing and broadcasting work. She lives in Sussex with her husband, their baby and a collection of teapots, cosies and sugar tongs.

A detailed illustration of a tea ceremony in a traditional setting. In the foreground, a hand is shown pouring tea from a small teapot into a cup. To the right, another hand is seen holding a long, beaded necklace. The background features a large, ornate teapot and a bowl of tea leaves. The entire scene is rendered in a light blue, monochromatic style.

CONTENTS

BAGS OF HISTORY

TEATIME INTERNATIONAL

MATTERS MEDICAL

CHINA IN YOUR HAND

BREWING

THE LEAVES TELL ALL

TOP OF THE POTS

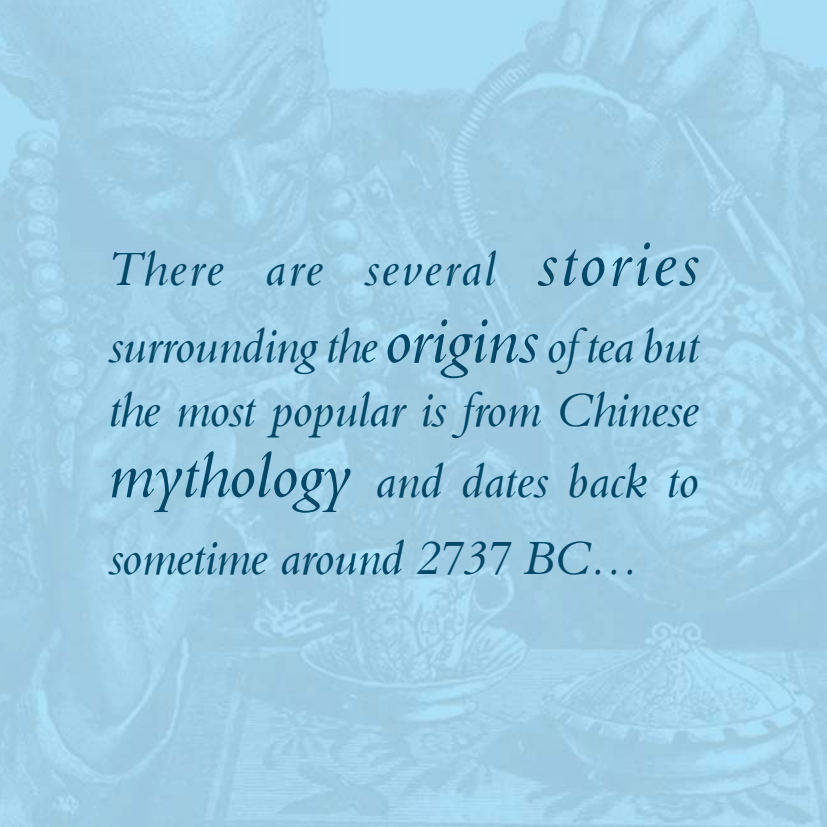
TEATIME RECIPES

TEA DRINKERS' HOROSCOPES

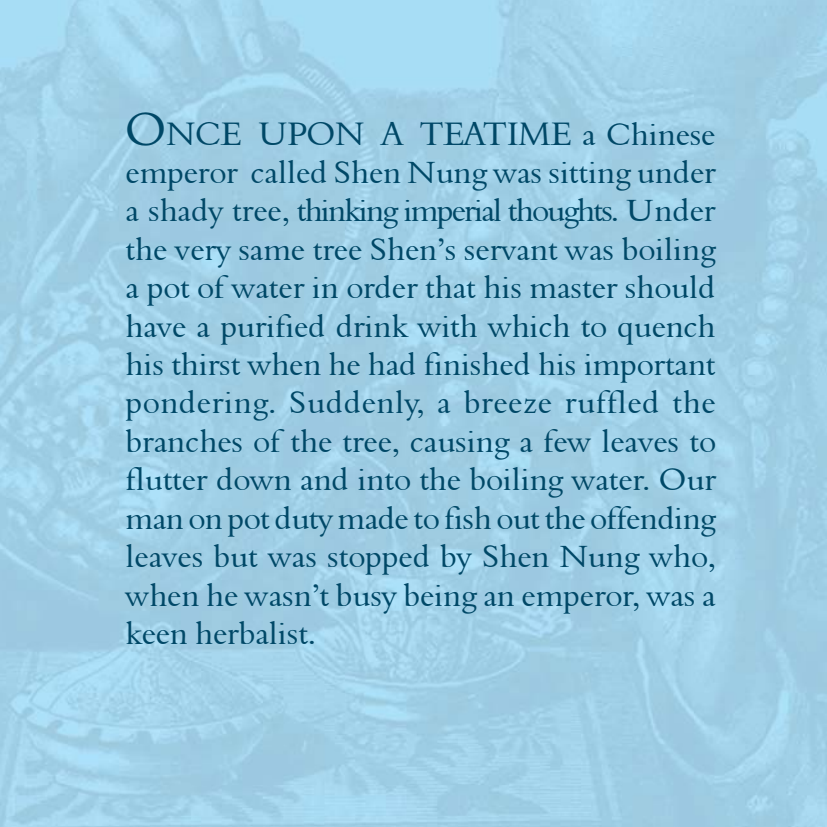
TEA TALK

BAGS OF HISTORY





*There are several stories surrounding the **origins** of tea but the most popular is from Chinese **mythology** and dates back to sometime around 2737 BC...*



ONCE UPON A TEATIME a Chinese emperor called Shen Nung was sitting under a shady tree, thinking imperial thoughts. Under the very same tree Shen's servant was boiling a pot of water in order that his master should have a purified drink with which to quench his thirst when he had finished his important pondering. Suddenly, a breeze ruffled the branches of the tree, causing a few leaves to flutter down and into the boiling water. Our man on pot duty made to fish out the offending leaves but was stopped by Shen Nung who, when he wasn't busy being an emperor, was a keen herbalist.