

# The New York Deli Sandwich Book

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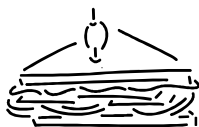
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Summersdale Publishers Ltd  
46 West Street  
Chichester  
West Sussex  
PO19 1RP  
UK

[www.summersdale.com](http://www.summersdale.com)

ISBN 1 84024 437 2

Recipes by Alastair Williams  
Photos by Stewart Ferris



# Introduction

**'One cannot think well, love well, sleep well,  
if one has not dined well.'**

**– Virginia Woolf**

**O**n a summer evening in 1762, John Montague, the fourth Earl of Sandwich, was sat at a gaming table in England. However, he was no ordinary patron. The Earl was the first Lord of the Admiralty, which made him a very valuable customer. He usually gambled for hours at a time, but today was special. He sat at the table for an entire day, refusing to get up, even for meals. Even compulsive gamblers get a bit peckish, though, and in desperation for his rumbling stomach, he ordered his menservants to bring him cheese and meat put between two slices of bread, so as not to get the cards greasy.

The creation of the sandwich took only moments, but it has since become an international institution. John Montague's recipe, however, has been vastly improved on. So, allow these delicious recipes to tantalise your tastebuds and, best of all, try them all out!

# The Little Piggy

## —Ingredients

*2 slices of thick cut white bread*

*A dollop of butter*

*Slices of ham off the bone*

*Potato salad (new potatoes, mayonnaise)*

*Two spring onions, chopped*

*1 rasher of bacon*

Place six new potatoes in a pan of boiling water. Cook until soft. Drain and cut into small cubes. Place a bacon rasher under the grill and cook until crispy. Once the potatoes have cooled put in a bowl and mix with one large tablespoon of mayonnaise. Finely chop the spring onions, cut the bacon into little strips and add to the potato salad. Now spread the bread generously with butter, and cover both sides with ham. Add the potato salad, garnish with salt and pepper if required and sandwich together!

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